

### Aries Phase



#### **Beginning of the Aries Phase is an Initiation Point**

Within a potential initiating event, the search to birth a new life direction or orientation in the midst of the painful process required to move through resistance and overcome barriers without resorting to impulsive decisions and acts as a result of impatience or frustration. The struggle is self-centered and personal, seeking concrete evidence of success, even as one struggles with what feels to be barriers and resistance.

### Taurus Phase



#### **Midpoint of the Taurus Phase is a Reorientation Point**

The search to free oneself from the sense of being devalued or less capable and to incarnate a sense of self value within this new life direction initiated in the Aries Phase. A reorientation event, whether obvious or subtle, can change the environment of the Taurus process significantly from one in which the struggle is to feel personally valued to one that is centered on seeking new internal definitions of self value.

### Gemini Phase



#### **The ending of the Gemini Phase is an Initiation Point**

The search to understand and navigate the new environment and relationships one finds oneself within as a result of the new life direction manifested in Aries and taking shape in Taurus, without resorting to escapism or dark moods. The environment of the Gemini Phase, though requiring social participation, is inwardly focused and struggles with mood swings to a darker side. Toward the end of the phase one may sense the coming Initiating Event.

### Cancer Phase



#### **Beginning of the Cancer Phase is an Initiation Point**

Within a potential initiating event, the search to establish a stable and nurturing home environment and core close relationships in the midst of an environment that feels to be constantly shifting and changing and in which one feels vulnerable. Cancer is initiatory but highly inwardly motivated and activated by emotion and feeling to change this sense of lack of stability through one's closest relations, whether they be friends, partners, or family.

### Leo Phase



#### **Midpoint of the Leo Phase is a Reorientation Point**

The search to free oneself from the sense of being socially ill adapted and devalued as a result; and incarnate, assert, and express a concrete self identity within one's relations. A reorientation event, whether dramatic or subtle, can change one's sense of value within one's present environment and reorient one toward a larger social sphere and engagement there in.

### Virgo Phase



#### **The ending of the Virgo Phase is an Initiation Point**

The search to address the details necessary to serve the present situation and achieve order without resorting to anxiety about the unknowns "out there" and the feeling of not being adequately valued for your efforts. Toward the end of the phase you are approaching an Initiation Point half way through the 7 year cycle and may sense the initiating event that will move you into a more publicly focused participation.

### Libra Phase



#### **Beginning of the Libra Phase is an Initiation Point**

Within a potential initiating event the transition into the Libra Phase marks the midpoint of the present 7 year cycle and moves you into the larger public sphere rather than just operating within your personal sphere. The search is to balance others necessities or requirements with one's own even as you may feel the requirements to be excessive and overwhelming. Greater participation in the public realm brings greater acknowledgment and demand.

### Scorpio Phase



#### **Midpoint of the Scorpio Phase is a Reorientation Point**

The search to free oneself from the sense of not being appreciated in your present public role and, at the same time, overwhelmed by the requirements presently demanded. A reorientation event, whether obvious or subtle, can change the environment of the Scorpio Phase significantly from one of feeling very burdened by the demand to one in which you know you must overcome the reaction to the demand through a larger perspective.

### Sagittarius Phase



#### **The ending of the Sagittarius Phase is an Initiation Point**

The search for a greater understanding within an environment where you confront extremism at some level within oneself and/or your environment. It is a phase in which you search for and embrace laws, rules, or perceptions that allow you to somehow transcend or manage extremism faced and your reaction to it. At the end of the phase you are approaching an Initiation Point and may sense the Initiating Event.

### Capricorn Phase



#### **Beginning of the Capricorn Phase is an Initiation Point**

Within a potential initiating event, the search to establish a sense of control within an environment that feels disorderly, chaotic, overwhelming or even out of control. It requires discipline and even an authoritarian approach in order to manage the process. Capricorn is the culminating process in the 7 Year Cycle in terms of ones public social recognition and the demand associated with that recognition.

### Aquarius Phase



#### **Midpoint of the Aquarius Phase is a Reorientation Point**

The search to achieve a break from the present perceived social demand while also finding a unique public expression in the midst of the difficulty to incarnate that uniqueness. A reorientation event, whether obvious or subtle, can change the environment of the Aquarius process significantly from being focused on breaking from the social demand to one focusing on achieving the outwardly focused unique expression you desire.

### Pisces Phase



#### **The ending of the Pisces Phase is a new 7 Year Cycle**

The search to hold to faith or trust in your life process in the midst of perceiving oneself as riding a wave whose destination is not clear and can stimulate fear or anxiety about "the future". Toward the end of the phase you are approaching a new 7 year cycle, and you may have some sense of what the Initiating Event might be that will challenge you at a core level and initiate a new life direction at some fundamental level.

## Description of the 4 Challenge Periods of Each 7 Month Phase from Aries to Pisces

### Beginning Challenge Period

#### Emergence of the New Process

The **Challenge Period** that occurs as you enter a new Phase will entail a resolution of any residual issues from the previous phase, as well as begin issues that will be involved in the lesson of the new phase. This **Challenge Period** can be quite significant, especially if it begins the Aries, Cancer, Libra, or Capricorn Phases.

### 1st Quarter Challenge Period

#### The Process becomes clearer

The **Challenge Period** that occurs 1 quarter of the way through a Phase gives significant clues as to the issues that will come to a head in this Phase and require resolution. This **Challenge Period** confronts you with the semi-conscious knowledge of what needs to change during the Phase.

### Mid Challenge Period

#### The Process intensifies

The essential issues of the Phase begin to manifest strongly during this period and become more consciously obvious. The most significant of these **Mid Challenge Periods** are during the Phases of Taurus, Leo, Scorpio, and Aquarius. These specific Phases can be associated with a significant reorientation in the trajectory of your life.

### 4th Quarter Challenge Period

#### The Process moves toward completion

The issues of the **Phase** begin to be resolved, generally as you pass the **Turning Point** of this **Challenge Period**. As you move past this **Challenge Period** some level of resolution of the issues becomes more obvious. As you toward the next **Phase** you may have some sense of what issues may arise.